#### 2013–14 Program Instruments

# Physical Education 2013–14

IV. STANDARDS, ASSESSMENT, AND ACCOUNTABILITY

#### **IV-PE 01: Testing: FITNESSGRAM**

Updated 05/30/2013 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	IV-PE 1. The local educational agency (LEA) participates in the California Physical Performance Testing program by administering the California Physical Performance Test (FITNESSGRAM) to each student in grades five, seven, and nine during the months of February, March, April, or May, and submits the results to the California Department of Education. (EC § 60800.)
Associated Documents	FITNESSGRAM [r] School Accountability Report Card (SARC) [r] School Accountability Report Card (SARC) LEA Web page URL [r]
Required and Suggested Documents	
Legal References	

IV. STANDARDS, ASSESSMENT, AND ACCOUNTABILITY

# IV-PE 02: Evaluation - High School

Updated 05/30/2013 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	IV-PE 2. Every high school student is evaluated on his or her progress in each of the following areas:
	(1) The effects of physical activity upon dynamic health;
	(2) Mechanics of body movement;
	(3) Aquatics;
	(4) Gymnastics and tumbling;
	(5) Individual and dual sports;
	(6) Rhythms and dance;
	(7) Team sports; and
	(8) Combatives (may include self-defense).
	(g) Reporting of pupil achievement is based upon all of the following:
	(1) Evaluation of the pupil's individual progress and the measure of his or her attainment of the goals specified in each area of instruction listed in subsection (a) of 5 CCR 10060.

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	(2) Tests designed to determine skill and knowledge.
	(3) Physical performance tests.
	(4) Any other evaluation procedures required by local governing board regulations. (5 CCR 10060.)
Associated Documents	PE Course Descriptions with evaluation strategies or grading system [r]
Required and Suggested Documents	PE syllabus with evaluation strategies or grading system [r]

V. STAFFING AND PROFESSIONAL DEVELOPMENT

Legal References

#### V-PE 03: Teaching Credentials

Updated 05/30/2013 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	V-PE 3. The LEA provides instruction in physical education to pupils in any of grades one through twelve (1-12), inclusive, by physical education teachers who hold appropriate teaching credentials issued by the Commission on Teacher Credentialing. Instructional aides, paraprofessionals, and volunteers only assist the teacher. (EC §§ 33352(9); 45343-45367.)
Associated Documents	
Required and Suggested Documents	PE elementary credential records and teacher assignments [r] PE middle and high school credential records [r]
Legal References	

VI. OPPORTUNITY AND EQUAL EDUCATIONAL ACCESS

### VI-PE 04: Coeducational, Inclusive Manner

Updated 05/30/2013 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VI-PE 4. All physical education classes are conducted in the coeducational, inclusive manner prescribed by law. All students have equal access to all physical education courses and meet the legal minimum requirement of time spent in physical education. (Title IX, 106.33, 106.34; 5 CCR § 4930, 4931, 4940; EC §§ 51210(g), 51222, 51223.)
Associated Documents	
Required and Suggested Documents	Class rosters (students' last names removed) [r] PE Governing Board policy statement [r]
Legal References	

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VII. TEACHING AND LEARNING

# **VII-PE 05: Instruction - Elementary School**

Updated 05/30/2013 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 5. Elementary students (grades 1-6) receive physical education instruction for a minimum of 200 minutes each 10 school days. (EC §§ 51210(g), 51210.1(a)(1)(A).)
Associated Documents	PE Instructional minutes reports [r]
Required and Suggested Documents	Classroom Instructional Schedules [r] Physical Education Specialist Instructional Schedule [r] School Instructional schedules [r]

Legal References

VII. TEACHING AND LEARNING

# VII-PE 06: Instruction - Middle and High School

Updated 05/30/2013 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 6. Middle school and high school students (grades 7-12) receive physical education instruction for 400 minutes each 10 school days. Students in grades 7-8 who attend a K-8 elementary school receive physical education instruction at least 200 minutes every 10 school days. (EC §§ 51222, 51223.)
Associated Documents	Master Schedule(s) and Bell Schedule(s) [r] PE Instructional minutes reports [r]
Required and Suggested Documents	

Legal References

VII. TEACHING AND LEARNING

# VII-PE 07: Teaching in High School

Updated 05/30/2013 by Administrator Administrato

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SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 7. School districts that maintain a high school provide a course of study in physical education to pupils in any of grades 9-12, inclusive, with a developmentally appropriate sequence of instruction, including:
	(1) The effects of physical activity upon dynamic health;
	(2) Mechanics of body movement;
	(3) Aquatics;
	(4) Gymnastics and tumbling;
	(5) Individual and dual sports;
	(6) Rhythms and dance;
	(7) Team sports; and
	(8) Combatives (may include self-defense). (EC §§ 33352(7), 51014, 51220(d).)
Associated Documents	PE Course Descriptions with evaluation strategies or grading system [r]
Required and Suggested Documents	Physical Education local district records [r]
Legal References	

VII. TEACHING AND LEARNING

### **VII-PE 08: Exempted Students**

Updated 05/30/2013 by Administrator Administrator

SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 8. School districts that maintain a high school and elect to exempt pupils from required attendance in physical education for two years any time during grades 10-12, inclusive: Offer those exempted students a variety of elective physical education courses, each with a minimum of 400 instructional minutes every 10 school days. (EC § 51222(b), 5 CCR 10060.)
Associated Documents	Master Schedule(s) and Bell Schedule(s) [r] PE Course Descriptions with evaluation strategies or grading system [r]
Required and Suggested Documents	PE description of process used to grant exemptions [r] Physical Education local district records [r]
Logal Deferences	

VII. TEACHING AND LEARNING

# **VII-PE 09: Exempted Students**

Updated 05/30/2013 by Administrator Administrator

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SEA Status	In Progress
Comments by SEA	
Compliance Indicators	VII-PE 9. School districts may grant three distinct and separate types of exemptions to physical education instruction for high school students:
	Temporary: The governing board of a school district or the office of the county superintendent of schools of a county may grant a temporary exemption to a pupil from courses in physical education, if the pupil is one of the following:
	<ul> <li>Ill or injured and a modified program to meet the needs of the pupil cannot be provided.</li> <li>Enrolled for one-half, or less, of the work normally required of full-time pupils. (EC § 51241[a][1][2]).</li> </ul>
	Two-year:
	The governing board of a school district or the office of the county superintendent of schools of a county, with the consent of a pupil, may grant a pupil an exemption from courses in physical education for two years any time during grades ten to twelve, inclusive, if the pupil has met satisfactorily at least five of the six standards of the physical performance test administered in grade nine pursuant to Section 60800. (EC § 51241[b][1]).
	Permanent:
	The governing board of a school district or the office of the county superintendent of a county may grant permanent exemption from courses in physical education if the pupil complies with any one of the following:  • Is 16 years of age or older and has been enrolled in the 10th grade for one academic year or longer.  • Is enrolled as a postgraduate pupil.  • Is enrolled in a juvenile home, ranch, camp, or forestry camp school where pupils are scheduled for recreation and exercise pursuant to the requirements of Section 4346 or Title 15 of the California Code of Regulations. (EC §
Associated Documents	51241 [c][1][2][3]).
Required and Suggested Documents	PE documents describing process used to grant exemptions from physical education instruction PE documents used to apply for and/or record the exemptions [r]

Legal References